

# Study Skills in Action

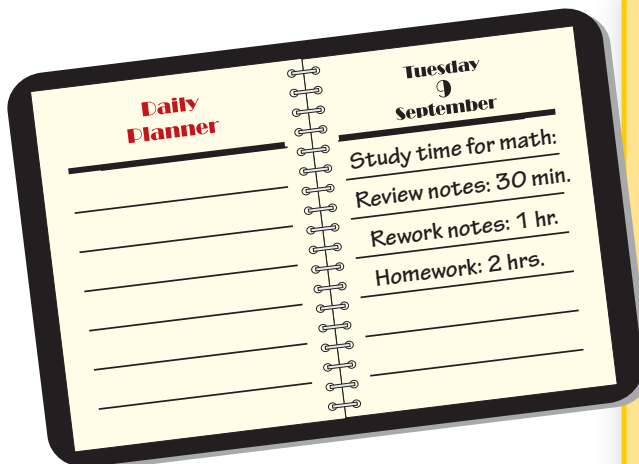
## Keeping a Positive Attitude

A student's experiences during the first three weeks in a math course often determine whether the student sticks with it or not. You can get yourself off to a good start by immediately acquiring a positive attitude and the study behaviors to support it.

### Using Study Strategies

In each *Study Skills in Action* feature, you will learn a new study strategy that will help you progress through the course. Each strategy will help you do the following.

- Set up good study habits
- Organize information into smaller pieces
- Create review tools
- Memorize important definitions and rules
- Learn the math at hand



### Smart Study Strategy

#### Create a Positive Study Environment

- ▶ After the first math class, set aside time for reviewing your notes and the textbook, reworking your notes, and completing homework.
- ▶ Find a productive study environment on campus. Most colleges have a tutoring center where students can study and receive assistance as needed.
- ▶ Set up a place for studying at home that is comfortable, but not too comfortable. It needs to be away from all potential distractions.
- ▶ Make at least two other *collegial friends* in class. Collegial friends are students who study well together, help each other out when someone gets sick, and keep each other's attitudes positive.
- ▶ Meet with your instructor at least once during the first two weeks. Ask the instructor what he or she advises for study strategies in the class. This will help you and let the instructor know that you really want to do well.